

Barrier of Suffering: Psalm 77

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I. Introduction.

- A. God has much more for us in our Christian experience, but we get stuck because of barriers.
- B. Text: Psalm 77.
- C. *Selah* refers to a pause to think calmly about something.
- D. The answer to suffering is found in...

II. Seeking.

III. Asking.

- A. Sometimes in our suffering we ask questions at God instead of asking questions of God—we scream at him.
- B. The beauty of the psalm is that the psalmist finds the answer.

IV. Finding.

- A. The psalmist finds the answer through remembering.
- B. Christians too find the answer to suffering in remembering. (2 Peter 1:12)
 - 1. Grace and peace are multiplied through knowledge of Christ Jesus.
 - 2. God has already given us all that it takes to prepare for suffering.
 - 3. We can be partakers of the divine nature In Christ Jesus. The Devil is afraid of those who know they are partakers in the divine nature.
 - 4. We are not alone—Jesus indwells us. Jesus bears our burdens as we go to him. (Romans 5:10)

Application questions:

1. How can suffering be a doorway to blessing?

2. What does the Bible teach us about responding to suffering?

3. How have you grown in suffering? What are some of the ways you can respond to growth in suffering?
