

# Spiritual Vitamin I

*John Hunter*

I. Introduction.

A. Christians need spiritual “vitamins” for vitality of faith.

B. We have an inheritance.

II. Jesus is our inheritance. (Ephesians 1:6)

III. The proof of our inheritance is the Holy Spirit dwelling within us.

IV. The Christian life is living in the good of our inheritance.

V. Christians can enjoy the life of Christ if they know they have it, but many who are saved do not know they have the life of Christ available to them. We must draw on Christ as our inheritance.

VI. We are not useful to God unless we draw on the inheritance of Jesus. (Genesis 15:5, Genesis 20, Deuteronomy 1, Deuteronomy 4)

## **Application questions:**

1. What is our spiritual inheritance?

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2. How is our spiritual inheritance different from being saved?

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3. How do we draw on our spiritual inheritance? Explain.

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