

The Godly Woman
Being "A Helper Fit For Him" Part II - His Home Is His Castle

Setting The Atmosphere Of The Home

A wife is called upon to create the environment and right climate in which the tender plants of love and marriage can grow and flourish.

1. Think back through the past week:
 - a. In the time shared with your husband before he left the house, what kind of atmosphere did you set for the day?

- b. When you greeted him upon returning home, what kind of atmosphere did you set for the remainder of the day or evening?
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2. What principles for helping to set a good atmosphere in the home do you find in Ephesians 4:26-27, 29-32?
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3. What do you think your own attitude and appearance have to do with setting the atmosphere? Explain.
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4. What have you taught your children regarding how they can help set a good atmosphere when their daddy arrives home?.....
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Fulfilling Your Husband's Needs

1. Try to put yourself in your husband's place: What do you think he needs most during the first 30 minutes after arriving home from work?
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2. How do you greet your husband when he comes home? (e.g. - with a "recital" of all the problems you've faced during the day? with a loving look, or word, or touch? with indifference? with coldness? with joy and warm affection? with "If you think you've had a hard day, wait until you hear about mine!"/?)
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3. How can you apply Mark 10:45 in this matter of meeting your husband's needs?
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4. What is your honest desire- to "minister" to your husband, or to "be ministered unto" by him?

5. How can you apply the promise given in Luke 6:38 to your situation?
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Some of a husband's greatest needs are:

- a. to be admired
- b. to know he's important to you
- c. to have you show interest in him and in his work
- d. to be accepted just the way he is

6. What are you doing to meet your husband's need for admiration?
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7. List the things you admire about your husband's manliness
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Now look for opportunities to tell him these things!

8. How do you communicate to your husband that he is very important, very "special" to you?
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9. What keeps you from showing your husband you are interested in him and his work?
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10. TRUE/FALSE. Demonstrating to your husband that you accept him involves:

- a. Expressing your acceptance
- b. Maintaining a self-righteous attitude
- c. Using other men as a shining example
- d. Looking to his better side

11. On a separate sheet, list all of your husband's good characteristics - all the things that first made you love him, things that make up his "better side."

12. During this week look for many natural opportunities to verbalize your appreciation of these good characteristics he possesses. Make a check mark by each one you are able to share with him. (Keep the list handy to add to, and to refer to when negative thoughts begin to crowd into your mind and dominate your thinking.)

Communication

“The heart of marriage is its communication system. It can be said that the success and happiness of any married pair is measurable in terms of the deepening dialogue which characterizes their union.” - Dwight Small

1. Define Communication:

2. On a scale of 1-10 (with 10 being the highest or best), how would you rate the communication between you and your husband?

3. In your opinion, what are some causes that hinder, or block, or even cause meaningful communication to cease?

4. Words are not the only communicators. How else do we communicate?

Suppose a wife greets her husband with “I thought you'd never get home.” The various messages a wife could be giving in this statement and how a husband would interpret the meaning of the words are:

5. What part does attentive listening play in good communications?

6. What does Amos 3:3 teach us about communications?

7. **Communication Aids.** Under each verse below list:

- 1) The basic principle described in this verse,
- 2) The opposite of this principle, and
- 3) The problems in communication caused by not following this principle.

a. Ephesians 4:15

- 1)
- 2)
- 3)

b. Ephesians 4:26-27

- 1)
- 2)
- 3)

c. Ephesians 4:29

- 1)
- 2)
- 3)

d. Proverbs 15:1

- 1)
- 2)
- 3)

e. Proverbs 18:13

- 1)
- 2)
- 3)

f. James 1:19

- 1)
- 2)
- 3)

8. In the following verses what are the problems or barriers to communication in a marriage.

Problems or Barriers

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Scriptures

- Luke 6:31
- Proverbs 13:10
- Ephesians 4:31
- Ephesians 4:26
- Philippians 2:3,4
- Proverbs 10:8
- Esther 4:11
- John 3:19,20
- Isaiah 53:6
- Jeremiah 17:9

9. If a couple was having problems communicating and asked your help, what advice or counsel would you give them?

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10. Where do you fall short in communication?

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What one thing will you do this week to improve the situation?

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Non-verbal communication can do a great deal to deepen love's dialogue. What things that are important to your husband will you do this week to communicate to him nonverbally "I love you"?

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Godly Homemaking

“Being a homemaker is the great adventure God entrusted to a married woman, and her influence spreads beyond her imagination. It will take the very best any woman has to offer. It cannot be her casual interest; it must be her major concern. It will drive her to a life with God that is deep and rich and will mean the unconscious expansion of her puny soul.” - Gladys M. Hunt

1. Circle the word (s) that make the following statement true: My husband does / does not enjoy our home. What explanation can you give for this?

Phillips Brooks said, "Duty makes us do things well, but love makes us do them beautifully."

2. Use the following words as you write a paragraph on “Being a Godly Homemaker”

- contentment
- perfection
- selfishness
- consistency
- sense of humor
- prayer
- schedule
- consideration of needs and desires of family
- creativity
- outside activities
- compulsiveness
- comfort
- beauty

Being A Godly Homemaker

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3. Ask your husband how you may improve and please him more in your role as homemaker. Thank him for his suggestions and begin to carry them out.

Suggestions For Further Study

- Tape 1063 - Atmosphere of the Home, Shirley Rice
- Tape 1062ABA - Communication Between Husband and Wife, Shirley Rice
- Tape 2136 - Communicating - An Art to Be Learned, Ruth Myers
- Tape 2137 - Simplifying Life, Ruth Myers

Total Woman, by Marabel Morgan, Fleming Revell