

The Godly Woman
Being "A Helper Fit For Him" - Part IV - Sex Is Fun-Enjoy It!

The sexual part of marriage is perhaps the least spoken to, and yet one of the most important. The Bible gives some clear directions which we will do well to heed.



1. When did God create sex? Genesis 1:27, 28

Was this before or after sin entered the world?Therefore, is the sexual relationship within marriage sinful?

2. Why is sexual intercourse wrong outside of marriage and right within the bonds of marriage?

Marriage and sex are of divine origin. Grace perfects them. Sin perverts them.

3. From the following verses, list some reasons you believe God instituted sex and marriage.

- Psalm 127:3-5
- I Corinthians 7:2-5.....
- Genesis 2:24

4. Write out in your own words the meaning of I Corinthians 7:2-5 and then write how this should operate in marriage.

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5. Explain what you think is meant by this statement: "A woman's greatest sex organ is her mind."

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The sex act to a man is mainly physical. To a woman it is not only physical but emotional and spiritual. It is the closest thing to totally giving herself that a woman can express in an act. This being true, a woman will not and cannot function well sexually while torn up emotionally. A satisfactory sexual relationship is mainly a husband's project. A sexual conflict may exist between husband and wife if there is a feeling of competition, resentment carried over from courtship, too large an age difference or differing sexual drives. The husband may have personal problems of feeling inadequate sexually, or being domineering and selfish. The wife's problem may spring from inner fears, pain in the relationship, puritanical ideas, or feelings of guilt and being used instead of loved. Sexual conflict may also be caused by a physical health problem in either party, a lack of time (too much to do) or simply tiredness. The first step in solving any problem is determining the cause.

6. How would you counsel a woman who came to you with the following problems:

a. Intercourse is just a duty to me which I escape as often as possible.

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b. I feel it would be wrong for me to really enjoy sex.

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c. I withhold sex as a weapon to get my own way or as a punishment when my husband displeases me.

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d. I don't get any fulfillment or satisfaction or release from sexual intercourse.

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e. My husband gets satisfied very quickly and often leaves me frustrated.

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f. My husband seems to think only of sex ! He wants sexual relations far more often than I do.

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g. By the time we're ready for bed, I'm too tired to think of having intercourse.

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h. My sexual desire and ability to be sexually aroused seems to be dwindling. What should I do?

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