

Listen to Audio Session 1 - Part 4

(II. A Relationship with God is Basic to Effective Interpersonal Relationships – Continued)

C. The Lesson from Cain's Experience

Genesis 4:3 - 8

1. Cain chose his own way, verse 3
2. God was not pleased, verse 5
3. God offered a solution, verse 7
4. The downward spiral after refusing God's provision
5. Cain's conflict was with God, but he expressed it toward Abel

D. We Are to Begin with Ourselves

Ephesians 4:1 - 3

1. Humility
2. Meekness
3. Patience
4. Forbearance