I. Introduction.
   A. Text: 1 Timothy 4:7-8.
   B. Timothy was a mature Christian worker, but Paul did not hesitate to admonish him to train himself to be a godly man. We need to continue in maturation.

II. To train ourselves in godliness requires tremendous equipment.

III. The results of training ourselves in godliness. (1 Corinthians 9)
   A. Godliness has value in this life.
   B. Godliness has value for the life to come.

IV. The objective of training ourselves in godliness is godly character built on a proper foundation.
   A. Devotion to God is the foundation of godly character.
      1. The fear of God refers to reverence and awe for him. (Isaiah 6)
      2. We grow in reverence for God by getting a vision of God through the Scriptures.
   B. Sin is going your own way.
      1. We experience woe when we see it as God does.
      2. God’s wrath is completely absorbed in the death of Jesus.
   C. We grow in the love of God by growing in the fear of God and awareness of ourselves.

Application questions:

1. How would you convince someone of the present value of godliness?
   ________________________________________________________________

2. What is godliness?
   ________________________________________________________________

3. How will you go about strengthening your devotion life? Explain.
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