

**A Vision for Disciplemaking**  
*Key Men's Conference*

February 20-23, 2003

**Follow Up**  
*John Repass*

# Follow Up

## *Introduction*

- *Conserving the fruits of evangelism*
- *Spiritual pediatrics.*
- *Establishing a new believer in the faith*
- *Helping a Christian Grow From Immaturity to Discipleship. II Peter 3:18 "But grow in grace and in the knowledge of our Lord and Savior Jesus"*
- *Being A Spiritual Parent - I Cor.4:15*
  
- *Paul's Goal: Every Person Alive To Be Mature In Christ - Colossians 1:28,29*
- *How Paul did follow up: I Thess. 2:7,8,10-12,13, 1 Thess. 3:5*

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1. The Evangelization Of The World - Mark 16:15
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2. Discipling of the Saved - Matt. 28:18-20
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  - b. On the basis of His authority we can make disciples
  - c. We're to do it "as we are coin,
  - d. We are to make converts who will be followed urn and made into disciples--learners of Christ.
  - e. We are to see that they ae~t baptized as believers
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- E. What is a Disciple
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- A. Discipleship
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## **VI. Have a Plan to Navigate By**

A. Right Selection of Materials - I Chron. 16:9 Is. 66:2 (Berkley); Use the materials that will take the person directly where you want to go.

B. Finding the Right Man to Help - Ez. 22:30

1. Commitment to the Vision
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## **VII. Principles & Problems in Follow Up**

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  - a. Share verses
  - b. Cover assignments
  - c. Time for conversation about his needs
  - d. Ask about his quiet time
  - e. You may also do your basic Bible study with him M2M
  - f. Read related material together - expose him to the classics
  - g. Share prayer requests and pray together
2. Casual/fun

## Seven Meeting Follow Up Plan

*If you led a person to Christ who was in your city for a special school and you had only eight weeks to follow him up and you knew that you would never have direct contact with him again, what would you do with this new babe in Christ in the following major areas assuming that you have only 7 structured one-hour one to one meetings to do it in? List the materials that you would use by the topic.*

Assurance of Salvation

The Word

Hearing

Reading

Bible Study

Application

Scripture Memory

Prayer

Quiet time

Fellowship

The Church

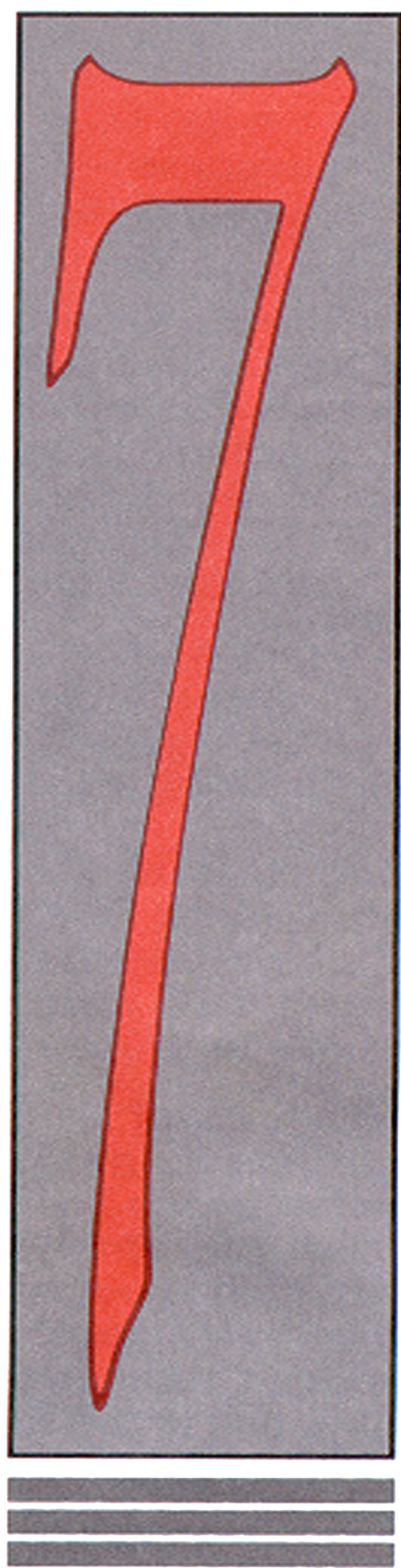
Baptism

Witnessing

*Other*

## **Minimum Qualifications of a Biblical Disciple**

1. John 3:3 KJV "Verily, verily, I say unto thee, except a man be born again, he cannot see the kingdom of God." John 6:47 NASB "Truly, truly, I say to you, he who believes has eternal life."
2. Lk. 14:26 RSV "if anyone comes to me and does not hate his own father and mother and wife and children, yes and even his own life he cannot be my disciple."
3. Lk. 14:27 RSV "Whoever does not bear his own cross and come after me cannot be my disciple."
4. Lk. 14:33 KJV "So, likewise, whosoever he be of you that forsaketh not all that he hath, he cannot be my disciple."-
5. John 8:31 RSV "Jesus then said to the Jews who had believed in Him, 'If you continue in My Word you are truly my disciples,'"
6. John 15:8 RSV "By this is My Father glorified that you bear much fruit and so prove to be my disciples."
7. John 13:34,35 KJV "A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another."
8. Matt. 28:19,20 "Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to close of the age."



MINUTES  
♦ WITH ♦

GOD

HOW TO PLAN  
♦ A DAILY ♦  
QUIET TIME

## Seven Minutes with God

*Robert D. Foster*

It was in 1882 on the campus of Cambridge University that the world was first given the slogan:

*Remember the morning watch.*

Students like Hooper and Thornton found their days "loaded" with studies, lectures, games and bull sessions. Enthusiasm and activity were the order of the day. These dedicated men soon discovered a flaw in their spiritual armor—a small crack which if not soon closed, would bring disaster.

They sought an answer and came up with a scheme they called the morning watch—a plan to spend the first minutes of a new day alone with God, praying and reading the Bible.

The morning watch sealed the crack. It enshrined a truth so often obscured by the pressure of ceaseless activity that it needs daily rediscovery: To know God, it is necessary to spend consistent time with Him.

The idea caught fire. "A remarkable period of religious blessing" followed, and culminated in the departure of the Cambridge Seven, a band of prominent athletes and men of wealth and education, for missionary service. They gave up everything to go out to China for Christ.

But these men found that getting out of bed in time for the morning watch was as difficult as it was vital. Thornton was determined to turn indolence into discipline. He invented an automatic, foolproof cure for laziness. It was a contraption set up by his bed: "The vibration of an alarm clock set fishing tackle in motion, and the sheets, clipped to the line, moved swiftly into the air off the sleeper's body."

Thornton wanted to get up to meet his God!

The intimacy of communion with Christ must be recaptured in the morning quiet time. Call it what you want—the quiet time, personal devotions, the morning watch, or individual worship—these holy minutes at the start of each day explain the inner secret of Christianity. It's the golden thread that ties every great man of God together—from Moses to David Livingstone, the prophet Amos to Billy Graham—rich and poor, businessmen and military personnel. Every man who ever became somebody for God has this at the core of his priorities: time alone with God!

David says in Psalm 57:7, "My heart is fixed, O God, my heart is fixed." A fixed and established heart produces stability in life. Few men in the Christian community have this heart and life. One of the missing links has been a workable plan on how to begin and maintain a morning watch.

I want to suggest that in order to get under way, you start with seven minutes. Perhaps you could call it a daily "Seven-Up." Five minutes may be too short, and ten minutes for some is a little too long at first.

Are you willing to take seven minutes every morning? Not five mornings out of seven, not six days out of seven—but seven days out of seven! Ask God to help you: "Lord, I want to meet You the first thing in the morning for at least seven minutes. Tomorrow when the alarm clock goes off at 6:15 a.m., I have an appointment with You."



Your prayer might be, "Morning by morning, O Lord, You hear my voice; morning by morning I lay my requests before You and wait in expectation" (Psalm 5:3).

How do you spend these seven minutes? After getting out of bed and taking care of your personal needs, you will want to find a quiet place and there with your Bible enjoy the solitude of seven minutes with God.

Invest the first 30 seconds preparing your heart. Thank Him for the good night of sleep and the opportunities of this new day. "Lord, cleanse my heart so You can speak to me through the Scriptures. Open my heart. Fill my heart. Make my mind alert, my soul active, and my heart responsive. Lord, surround me with Your presence during this time. Amen."

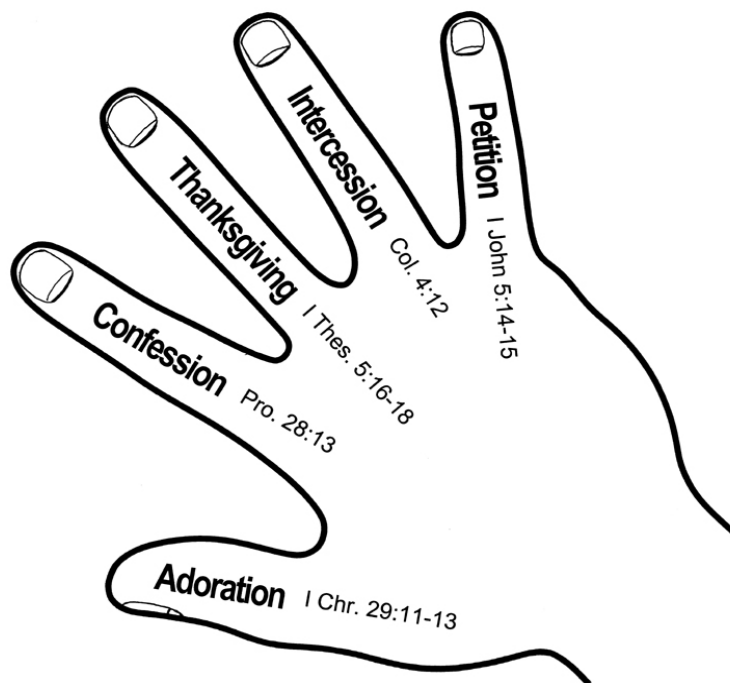
Now take four minutes to read the Bible. Your greatest need is to hear some word from God. Allow the Word to strike fire in your heart. Meet the Author!

One of the Gospels is a good place to begin reading. Start with the Book of Mark. Read consecutively-verse after verse, chapter after chapter. Don't race, but avoid stopping to do a Bible study on some word, thought, or theological problem which presents itself. Read for the pure joy of reading and allowing God to speak-perhaps just 20 verses, or maybe a complete chapter. When you have finished Mark, start the Gospel of John. Soon you'll want to go ahead and read the entire New Testament.

After God has spoken through His Book, then speak to Him-in prayer. You now have two and a half minutes left for fellowship with Him in four areas of prayer that you can remember by the word **ACTS** (*Adoration, Confession, Thanksgiving, and Supplication – Intercession & Petition*).

## The Prayer Hand

*Maintaining a Balanced Prayer Life*



**A - Adoration.** This is the purest kind of prayer because it's all for God-there's nothing in it for you. You don't barge into the presence of royalty. You begin with the proper salutation. So worship Him. Tell the Lord that you love Him. Reflect on His greatness, His power, His majesty, and sovereignty!

**C - Confession** follows. Having seen Him you now want to be sure every sin is cleansed and forsaken. Confession comes from a root word meaning "to agree together with." Apply this to prayer. It means to agree with God. Something happened yesterday you called a slight exaggeration-God calls it a lie! You call it strong language-God calls it swearing. You call it telling the truth about somebody in the church-God calls it gossip. "If I regard iniquity in my heart, the Lord will not hear me" (Psalm 66:18).

**T - Thanksgiving.** Express your gratitude to God. Think of several specific things to thank Him for: your family, your business, your church and ministry responsibilities-even thank Him for hardships. "In everything give thanks: for this is the will of God in Christ Jesus concerning you" (I Thessalonians 5:18).

**S - Supplication.** This means to "ask for, earnestly and humbly." This is the part of your prayer life where you make your petitions known to Him. Ask for others (**intercession**), then for yourself (**petition**). Why not include other people around the world, such as missionaries, students studying abroad, friends in distant places, and above all the people of many lands who have yet to hear about Jesus Christ.

Let's put these seven minutes together:

- ½ **Prayer for guidance** (Psalm 143:8)
- 4 **Reading the Bible** (Psalm 119:18)
- 2 ½ **Prayer**
  - *Adoration* (1 Chronicles 29:11-13)
  - *Confession* (Proverbs 28:13; 1 John 1:9)
  - *Thanksgiving* (1 Thessalonians 5:16-18; Ephesians 5:20)
  - *Supplication* (Matthew 7:7)
    - *Intercession* (Colossians 4:12)
    - *Petition* (1 John 5:14-15)

This is simply a guide. Very soon you will discover that it is impossible to spend only seven minutes with the Lord. An amazing thing happens-seven minutes become 20, and it's not long before you're spending 30 precious minutes with Him. Do not become devoted to the habit, but to the Savior.

Do it not because other men are doing it-not as a spiritless duty every morning, nor merely as an end in itself, but because God has granted the priceless privilege of fellowship with Himself. Covenant with Him now to guard, nourish, and maintain your morning watch of seven minutes.

# **Beginning With Christ**

## *The Navigators*

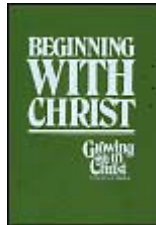
### **Audio Companion Study Guide**

*King James Version*

*LeRoy Eims*

#### **Beginning with Christ** [The Navigators](#)

This short booklet is great for explaining the basics of salvation and the Christian life. Topics include assurance of salvation, answered prayer, victory over sin, forgiveness, and guidance.



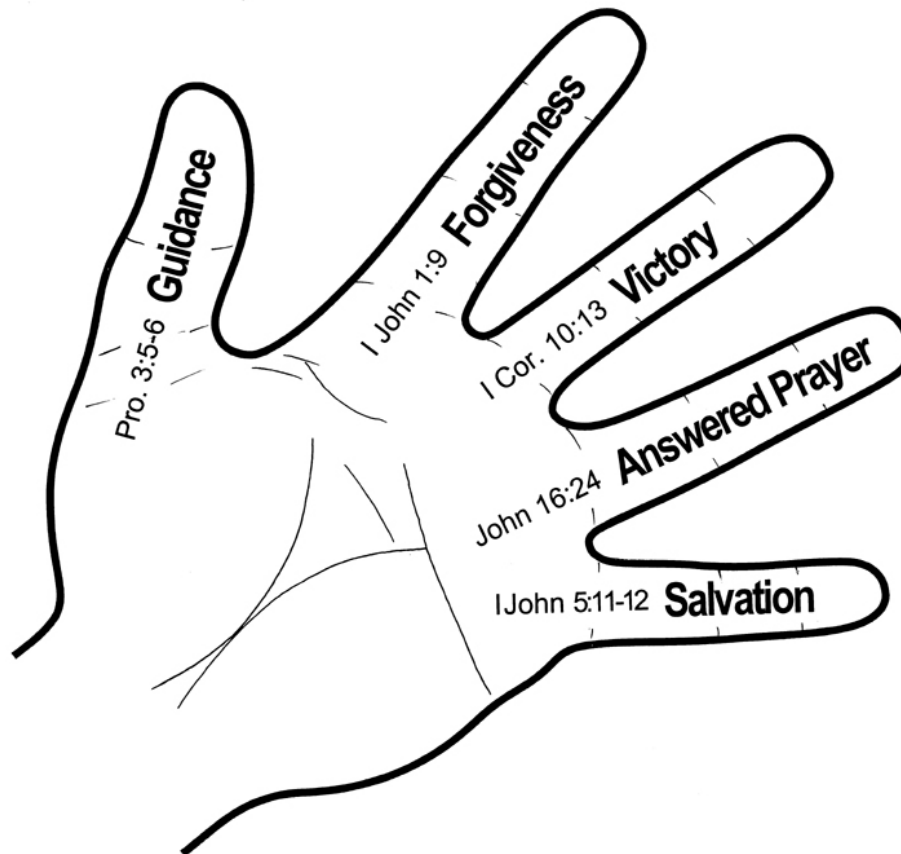
#### **SIMPLE BUT EFFECTIVE**

This little follow-up tool may be just what you need to help someone get off to a good start as a follower of Jesus Christ. The text can be read in only a few minutes, but it covers all the bases and gives plenty of Scripture references.

The Beginning with Christ booklet ([Order Online](#)) includes tear-out Scripture memory cards with key Bible verses in both KJV and NIV. It's the perfect way to introduce new believers to the [Topical Memory System](#) without overwhelming them.

# Beginning with Christ

## Five Assurances for Every Believer



**Assurance of Salvation** - “And this is the record, that God hath given to us eternal life, and this life is in his Son. He that hath the Son hath life; and he that hath not the Son of God hath not life.” I John 5:11-12

**Assurance of Answered Prayer** - “Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full.” John 16:24

**Assurance of Victory** - “There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.” I Corinthians 10:13

**Assurance of Forgiveness** - “If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” I John 1:9

**Assurance of Guidance** - “Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” Proverbs 3:5-6

## **Assurance of Salvation**

### *I John 5:11-12*

“And this is the record, that God hath given to us eternal life, and this life is in his Son. He that hath the Son hath life; and he that hath not the Son of God hath not life.” I John 5:11-12

When the Apostle John speaks of eternal life, he has something in mind that is completely different from the mere idea of existence after death. Many religions teach that life goes on a few years after it has ended on this earth. It is true that our soul will live on. When God breathed into man the breath of life, man became a living soul. God breathed eternity into his life. Unlike the animals, our life will go on.

However, the question at hand is this: In what way will it go on? In a state of eternal life, or eternal death. That's the issue. What then, is eternal death? John himself tells us. Let me quote from the New International Version: "But the cowardly, the unbelieving, the vile, the murderers, the sexually immoral, those who practice magic arts, the idolaters, and all liars - their place will be in the fiery lake of burning sulfur. This is the second death" (Revelation 21:8).

Eternal life is just the opposite: "Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began, but is now made manifest by the appearing of our Savior, Jesus Christ, who hath abolished death, and hath brought life and immortality to light through the gospel" (II Timothy 1:9, 10). What a contrast! An eternity of fellowship with God, or an eternity separated from Him. When John says that eternal life is a gift of God in Jesus Christ, he is making a tremendous statement. It cannot be earned, we will never merit it or deserve it, but it can be ours in Christ.

What does the Apostle mean when he says, "He that hath the son?" Who is he talking about? How is that possible?

Quite simply, he is referring to all those who by faith have the Son of God by His blessed Holy Spirit dwelling in their hearts. The conditions are simple. Paul speaks of it when he said he had spent his life "Testifying both to the Jews, and also to the Greeks, repentance toward God, and faith toward our Lord Jesus Christ" (Acts 20:21).

Sin is leading you further and further from God in a state of endless separation. God calls upon you to turn to Him, to leave the path of death and darkness, and walk in the light of love, grace and mercy. God commands all men everywhere to repent, turn to God and do works meet for repentance.

The second condition is faith in our Lord Jesus Christ for He is our way to God. Sin must be abandoned and forsaken and Christ must be trusted for pardon and forgiveness. He is our only Redeemer and Savior. Therefore, "He that hath the Son hath life and he that hath not the Son of God hath not life." Turn to Him today and receive God's unspeakable gift - eternal life in Christ.

# **Assurance of Answered Prayer**

*John 16:24*

“Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full.” John 16:24

What is prayer? The dictionary says it is approaching God in word or thought, often with an earnest entreaty. Webster says it consists of adoration, confession, supplication or thanksgiving. I would add intercession; going to God on behalf of others.

Why is it easier for some people to pray than it is for others? I know some who find such joy in prayer they can hardly bring themselves to do anything else. I met two people like this when I was in my first assignment with the Navigators.

I had been involved with the group for some years before, but now I was on my own. I was in Pittsburgh carrying on a campus ministry. I was living with a young minister, Rev. Ken Smith, and we would stop by the home of these two elderly sisters to take them to church. I soon became aware of a very strange thing.

In their conversation on the way to church it seemed to me that they spent most of their time in prayer. The more I got to know them the more I realized that was, in fact, the case. They would spend the morning in prayer. After they had lunch on the stove they would pray until it was cooked. After lunch they would pray until suppertime, cook supper, and then pray until time to retire for the night.

It was amazing. You couldn't keep them off their knees. They found such joy and fulfillment in entering in to the presence of the Lord.

Now I know others who are mightily used of God, but who do not have the same victory in prayer. Oh, they pray, but it is not their strong point. Some find joy in teaching the Word, others in witnessing, others in some sort of service behind the scenes. When they discuss prayer they deplore their prayer life.

They pray, but it is a struggle. What's the answer to that? Frankly, I think there must be some people among us in the body of Christ who are specifically called to pray. It is their life.

But it is also evident in the Word of God that all of us are commanded to pray. Our calling may be to evangelize or serve or whatever. But mark this: none of it will be productive if we ignore prayer. Prayer must undergird all we do.

Jesus said to pray in His name. He is our mediator, our only way to God. And when we do God will fulfill our joy. Prayer is one of the keys to a joyful Christian life.

## **Assurance of Victory**

### *I Corinthians 10:13*

“There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.” I Corinthians 10:13

The Scripture teaches that you and I must be on our guard at all times. Peter wrote, "Be sober, be vigilant, because your adversary, the devil, like a roaring lion walketh about, seeking whom he may devour" (I Peter 5:8).

Paul, in the context of our verse for today, gave us a word of caution: "Wherefore, let him that thinketh he standeth take heed lest he fall" (I Corinthians 10:12).

We must never grow confident and secure in ourselves. Others have fallen. We may too. And we are most likely to fall when we think we are strong and able to take care of ourselves.

But to this word of caution, God adds a message of comfort. Although we live in a world fraught with temptations and snares, we must not despair or grow over-anxious. Admittedly we will face the common testings and temptations that everybody else faces. But we have a tremendous advantage. WE have a faithful God watching over us day and night. He neither slumbers or sleeps.

Satan may deceive and accuse, but God is near to comfort and guide us in the way of truth. Our best friends may prove false, the world may fail us, but God is faithful. Our strength and security is in Him. He will not, He cannot fail. When a temptation comes, God knows. He knows exactly what we can bear. He knows exactly the amount we can take. He will see to it that the temptation is proportionate to our faith and spiritual condition.

My son-in-law is a wrestler. I remember going to a match at the Air Force Academy and watching him win. He wrestled another guy in his own weight class. He was not allowed to wrestle one of the little guys; nor was he on the mat with someone much heavier than he. Everyone was matched up with other men their own size. God does this. Our temptations are always a size we can grapple with.

And there is another tremendous promise here. There will always be a way of escape, a way out. We will never be led down a blind alley. There will never be a valley so dark that we can't find our way through. There will never be an affliction so grievous but that He can see us through and turn it to our spiritual advantage.

So there is no room for a despairing spirit or hopelessness. God wants you to walk the path of life, and He will permit no obstacle in the path that will force you to leave it or turn and go back.

## **Assurance of Forgiveness**

### *I John 1:9*

“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” I John 1:9

There have been times when the date of a nation depended on the accuracy of a message. In wartime will the enemy launch its attack today or tomorrow? The man who delivers the message had better have it right. And he must deliver it as it is; he is not allowed to tamper with it to make it easier to read or in some way sound better.

In the context of our verse John says that's what he is doing. He is delivering a message, just as he had received it from God. "This then is the message which we have heard of him and declare unto you." No frills. No modifications. No private interpretation.

The message? "God is light and in Him is no darkness at all." To the psalmist light was the garment of God. Peter explained that becoming a Christian was being called out of darkness into His marvelous light. Therefore, to walk in darkness and claim they had fellowship with God was a lie, and they knew it. God is the excellency of perfect holiness and purity.

Now that poses a problem. You and I are not perfect: We do foolish things, we make mistakes, we sin. If that's what keeps us from fellowship with God then there is no use of our arising to it. But thank God, that is not what he is saying. He is talking about walking in darkness and to walk in darkness is to persist in our ignorance even when we know better, to persist in our sin even when we know the consequences, and to live contrary to the Word of God even though God has revealed the truth to us.

No, we must walk in the light if we are to have fellowship with God. And the blood of Jesus Christ has a continuing, purifying power in our lives through the blessed Holy Spirit of God.

OK, you say, all well and good. But what happens when we do sin? What then? Well of course, that is a problem. John reminds us of that in verse 8: "If we say that we have no sin, we deceive ourselves, and the truth is not in us" (I John 1:8).

A wavering will, weakened standards, foolish impulses borrowed from the world or made attractive by the devil can, occasionally get- to us. Not to admit this would be to mislead ourselves; the truth of His Word is not in us.

Then comes the promise of today's verse. Go to God. Confess your sin. God's faithfulness is great. He is true to His Word. His righteousness is declared in the sacrifice of Christ on the cross, and you will be cleansed and forgiven in His name.



## **Assurance of Guidance**

### *Proverbs 3:5-6*

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” Proverbs 3:5-6

When God calls upon us to exercise faith, it is to be total and undivided. Our hope, our confidence must be in God alone: no confidence in the flesh, no reliance on human wisdom. Naturally we resist that idea in our pride and self-reliance. We want to lean on ourselves, to trust our own foolish and false ideas.

The prophet Jeremiah has a word for us at this point: "Thus saith the Lord, cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord [6] For he shall be like the heath in the desert, and shall not see when good cometh, but shall inhabit the parched places in the wilderness, in a salt land and not inhabited" (Jeremiah 17:5, 6).

This is the story of Adam: any Eve, and the history of mankind since. We want to go our own way and do our own thing, to lean to our own understanding. But our own understanding is likely to take us down the wrong path, in the wrong direction. Why? Paul lays it out loud and clear. "This I say, therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind, [18] having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart" (Effusions 4:17, 18). He told the Romans, "Because, when they knew God, they glorified him not as God, neither were thankful, but became vain in their imaginations, and their foolish heart was darkened. [22] Professing themselves to be wise, they became fools" (Romans 1:21, 22).

So the human mind by itself, without the illumination of the blessed Holy Spirit, corrupted by the fall, is a false and untrustworthy guide. Does this mean we are not to use our heads? No. Absolutely not. Dawson Trotman, the founder of the Navigators, used to tell us, "God gave you an awful lot of leading when He gave you a mind." So faith in God strengthens, enlightens and invigorates our minds.

Self-dependence is folly and rebellion is ruin. But to trust in the Lord is a dynamic, adventuresome, exciting lifestyle. Placing our faith in the power, goodness and wisdom of God is the most sensible thing we can do.

The next step is to take all the ordinary matters of life to Him in prayer. To give lip service to God and then try to make do by ourselves in the every day affairs of life is self-idolatry. Morning prayer, the practice of taking things to God in the first place, before we have consulted human counselors or just let things take their course; this is a powerful practice that is much overlooked. Men like David, the man after God's own heart, knew its worth: "My voice shalt thou hear in the morning, O Lord; in the morning will I direct my prayer unto thee, and will look up" (Psalm 5:3).

Stick with the Word and prayer. Don't look for strange revelations. Open your Bible and go through it with sober, practical and reverent faith. God will not lead you astray. "He shall direct thy paths." No step you take that you have prayed over will bring ultimate regret. Naturally you will never be infallible, but even in your mistakes, God will see you through.

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