

Helping a New Christian Grow

1. Open & Describe topic

2. Scripture:

John 21:15-17

I Peter 2:2

II Timothy 3:16, 17

3. Introduce the "Life Cycle of a Fruitful Christian" (illus)

Spiritual Growth is God's Work

I Corinthians 3:5,6 - "What is Apollos? And what is Paul? Servants through whom you believed, even as the Lord gave opportunity to each one. I planted, Apollos watered, but God was causing the growth."

Philippians 1:6 - "For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus."

I Thessalonians 5:23,24 - "Now may the God of peace Himself sanctify you entirely...faithful is He who calls you, and He also will bring it to pass."

4. Involvement with people tends to take three forms:

one-to-one visit/appointment/conversation

small group (4 to 8 individuals) discussion oriented meeting

large group meeting characterized by a single spokesman and listeners

5. Being a Role Model: Ask various ones to read these passages. Ask: Why do you think we are hesitant to offer ourselves as "role models" for younger believers?

Phil 3:17

Phil 4:9

I Cor 11:1

I Thess 1:6,7

I Cor 4:16

I Thess 2:14

The physical world often reflects principles of the Spiritual World. We have all grown and developed physically thanks to the care and concern of our parents.

As a **Baby** - protection, love, basic knowledge

As a **child** - consistent, strong guidance

As an **adolescent** - strength, experience, responsibility

As an **adult** - leadership ability, consistent self-discipline

6. If I only had three meetings with an individual this would be my plan:

First meeting: Assurance of salvation and explaining the need to grow by:

- a. sharing the Beginning with Christ booklet
- b. Looking at I John 5:11-13 and asking:
 - Where is eternal life found?
 - Who has eternal life?
 - How does one know if he has eternal life?
 - If you were to die tonight where would you spend eternity?
- c. Memorizing with them I John 5:11-12

Second meeting: Explain how to grow by:

- a. Sharing the Wheel Illustration
- b. Reviewing I John 5:11-12.
- c. Begin to memorize John 16:24

Third meeting: Show him how to start growing by:

- a. Sharing the how and why of having a daily Quiet Time
- b. Continuing with memory verses from beginning with Christ booklet
- c. Encouraging them to attend church and to share their testimony

with another

Factors affecting follow-up:

relationship - genuine and authentic

Ask: What are some fundamental principles and skills necessary for developing open, trusting relationships?

commitment - problems of priorities in both our lives

concentration - problem of attempting to work with too many people at same time

duration - how long do we meet together

experience - training level of the one doing the discipling

environment - church and circle of associates that the new believer is in

Helping a New Christian Grow

Bibliography

Books:

- Personal Disciplemaking by Christopher B. Adsit (Thomas Nelson Publishers, 1996)
Lost Art of Disciplemaking by LeRoy Eims (Zondervan, 1978)
Disciples Are Made Not Born by Walt Henrichsen (Victor, 1974)
The Dynamics of Personal Follow-Up by Gary W. Kuhne (Zondervan, 1979)
The Master Plan of Evangelism by Robert T. Coleman (Revell, 1963)
New Testament Follow-Up by Waylon Moore (Erdmans, 1963)
The Timothy Principle by Roy Robertson (Singapore Publisher?)

Bible Study Tools:

- TMS (Topical Memory System) Bible Study Series by Bob VanZante
Foundations by Search Ministries
Connecting with God by Chris Adsit, Disciple Makers International 1-888-342-2235, www.cci.org/disciplemakers, disciplemaker@compuserve.com
Design for Discipleship by Nav Press, www.navpress.com
Real Connection by Soul Care, www.soulcare.com

Suggested Follow-up materials:

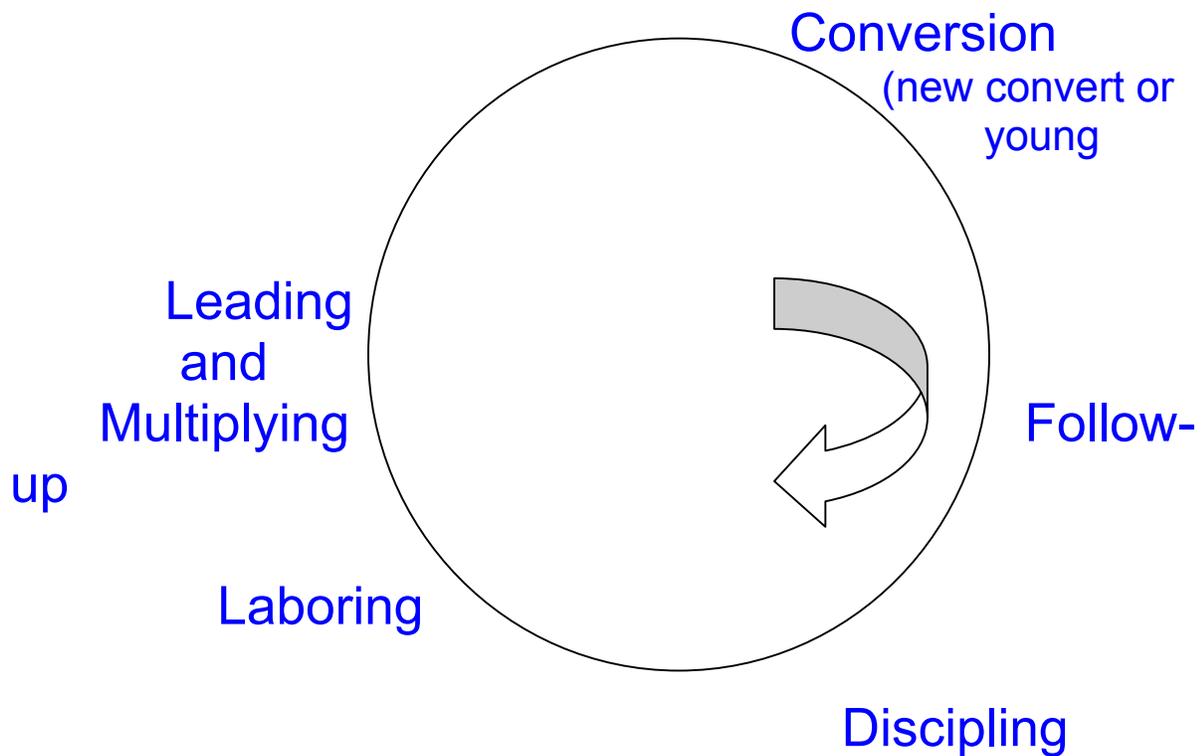
<u>Beginning With Christ</u>	Navpress
<u>Going on With Christ</u>	"
<u>My Heart Christ's Home</u>	Intervarsity Press
<u>Bible Reading Record</u>	Nav press
<u>Bible Reading Highlights</u>	"
<u>The Wheel Illustration</u>	Navs
<u>The Hand Illustration</u>	Navs
<u>The Bridge to Life Illustration</u>	Navs
<u>Basic Christianity</u>	Erdmans
<u>Design For Discipleship (Series)</u>	Navpress
<u>Ten Basic Steps Toward Christianity Maturity</u>	Campus Crusade
<u>More Than a Carpenter</u>	Tyndale House
<u>Lessons on Assurance</u>	Navpress
<u>Seven Minutes with God</u>	Navpress
<u>Transferable Concepts</u>	Campus Crusade
<u>How Can I be Sure I am a Christian?</u>	NavPress

Jesus said: *"feed My sheep...tend My lambs...feed My sheep..."*

John 21:15-17

"Follow up is the spiritual work of grounding a new believer in the faith." .. Gary Kuhne

Life Cycle of a Fruitful Christian



Where Does One Start in Helping Another Man?

Attitudes/character to Consider

Faith
Love
Humility
Heart for Men
Initiative
Enthusiasm
Generosity
Teachable
Faithful
Servant Spirit
Perseverance
Friendly (connects emotionally)

Skill

Passing on the Basics
Beginning with Christ Verses
Gospel Illustration (Rom Road, Bridge)
Testimony
Wheel / Hand Illustration
Leading a Bible Study
How to Use a Notebook/File System
How to Take Notes
Prayer Lists
Counseling
One-to-one Ministry
Speaking/Preaching

Life Purpose

Vision/Purpose
Career Plan
Finances
Dating/Courtship/Marriage
Will of God

Habits

Quiet Time
Scripture Memory
Bible Study
Intercessory Prayer
Bible Reading

Ministry

Witness Personally
Won One
Follow-Up
Training a Man
Can Identify One Disciple
Three Generations from Own Life

Knowledge

Salvation	Sanctification	Purpose of God	Kingdom of God	Sin	Scripture
Grace	Forgiveness	Prayer	Church	Holy Spirit	
Freedom Issues	New Covenant	Nature of Man	Trinity	Incarnation	