

Exercise #1:

1. What is a big issue, besetting sin, your biggest challenge to victory you're faced with today?
2. How would you describe a man of God? What kind of holy life is possible for you in this life? What level of maturity and sinlessness is possible for you to experience in this world?
3. Let your imagination go. What is Christ like? What would be perfect Christ-likeness?

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Exercise #2:

1. **Confess** the issue you listed in #1 above to God. Do you really want to change? To whom else *will* you confess it to bring it to the light? Determine to do so.
2. **Cry out to God** and ask Him for godly sorrow that leads to genuine repentance. Ask Him to keep you from worldly sorrow that leads to death and to know the difference. Pray "What does the next step of repentance look like for me?" **LISTEN**. Ask God to bring to mind scripture that applies. **LISTEN**. Write down verses, thoughts, impressions that come to your mind.
3. What is God saying to you? Determine to follow through. Who will help you?
4. What will you do to focus on Jesus, His death, His resurrection and the victory He has bought for you with His own blood? What do you think it means to live out of who you are in Christ?