

How to Spend a Day Alone with God

Lorne Sanny

I. Introduction.

- A. The only rule the original Navigators had was to spend a day alone with the Lord whenever needed.
- B. It is good to spend at least a day alone every month with the Lord.

II. Reasons for a day alone with God.

- A. Extended fellowship with God.
- B. Renewed perspective.
- C. For more detailed prayer for others.
- D. A closer look at your life.
- E. A closer look at the Lord and His attributes.
- F. Much of what we learn from God grows out of our present circumstances.

III. Having a sense of urgency.

- A. A false sense of urgency: from emotional appeals, sermons, meditating on hell, etc.
 - 1. Christ never appealed to these things for urgency.
 - 2. Christ appealed to obedience.
 - 3. The feeling follows; it does not precede.
 - 4. Getting everybody out now and forsaking quality for quantity are also false. (Isaiah 41)
- B. A true sense of urgency comes from...
 - 1. Maintaining the objective.
 - 2. A personal mission that God has given a person.
 - 3. Disentangling oneself from the things of this world.
 - 4. A quiet but almost maddening insistence on doing what God has called a person to do.
- C. In the end, a true sense of urgency is demonstrated by one's service and ministry towards people.

D. Urgency always begins with God.

1. Billy Graham said that revival in America will come with a renewed sense for the holiness of God.
2. It begins also with God's promises for a man—he breaks through to ultimate reality believing God wholeheartedly in regards to what He will do.

Application questions

1. Why is it important to spend extended time alone with God?

2. How does having a sense of urgency relate to spending time alone with God?

3. What is your plan for spending an extended time alone with God? Do you have any good reasons for not doing this? If so, how do they measure up with the benefits?
