

# Handling your Sex Drive

*Ray Stedman*

## I. Introduction.

A. Text: I Thessalonians

B. Many problems would be eliminated if pleasure were removed from the act of sex.

C. Since this cannot happen, another solution must be pursued.

## II. How to handle your sex drive.

A. The ancient people faced the same kind of sexual pressures that we do.

B. We first must learn that our business is to please God.

1. Every appeal of the Christian life is made upon this.

2. It is important that this remain the main thing.

3. They ought to do this more and more—there is a wider range of application as life progresses.

C. What God wants.

1. His will is your sanctification.

a. This means wholeness.

b. God is designing beautiful people.

2. Moral purity.

a. This means no sexual wrongdoing.

b. You can be restored again if you have committed wrong in this area.

D. Steps to take to achieve moral purity.

1. Learn to control your own body. This means you learn to control the slavery of lust.

2. Learn to respect the rights of others. (Deuteronomy 31)

a. Violating God's standard results in God's judgment.

b. There is the breakup of the family and the despair of the soul.

E. God wants us to be whole.

1. God gives the believer power to act. (Ephesians 3:10)
2. The believer needs more than the will to behave properly.

**Application questions:**

1. What is the basis of controlling the sex drive?

---

---

2. What does sanctification mean and why is this important?

---

---

3. How can it be said that self-control equals freedom? Explain.

---

---