

Saturday Morning Devotional

Skip Gray

I. Introduction.

A. Big ideas: simplify and slow down.

B. Life is one big baggage claim area, but not every baggage has your name on it.

II. Simplify: Jesus finished the work of God, and we should seek the same. (John 17:4; 19)

III. Slow down: Jesus did not rush through life—He walked. (Psalm 46:10)

A. Listen to those for which you care.

B. Be still and know God.

C. Let God take care of other people. (I Peter 5:7)

D. Focuses on the promises of God.

1. God answers prayer.

2. You partake in the divine nature. (II Peter 1:3-4)

E. Pray for...

1. Yourself. (Galatians 5:22-23, Romans 15:13)

2. Your spouse.

3. Your children.

4. Your profession.

Application questions:

1. What things in your life are keeping you from slowing down?

2. Which tip did you find the most helpful? Explain.

3. How does your prayer life relate to the demands of simplifying and slowing down? Explain.
