

# **Meet Your Psychiatrist: He Helps You Tell the Truth**

*Warren Wiersbe*

## I. Introduction.

A. Text: John 14:15; 15:26; 16:12.

B. One of the problems we are facing is the problem of truth.

C. We need to have a confrontation with truth for a happy and holy life.

D. If one knows Jesus as savior, he or she can have a right relationship with truth through the Spirit.

E. There are three ministries of the Spirit in relationship to truth.

## II. The Spirit gives us the truth.

A. God has given us the truth in three editions:

1. Jesus. We test all things by Jesus Christ as the standard. (John 14:6, 1 John)

2. The Word of God. (John 17:17; 2 Peter 1; John 14:26; 16:12-13)

3. The Spirit. (John 5:7)

B. The church is the foundation of the church. The church keeps truth in the world. (1 Timothy 3:16)

## III. The Spirit teaches us the truth. (John 16:13-15)

A. This happens...

1. Through the Word of God. Experience is tested through the Bible. The Spirit searches the Word of God and teaches us. (1 Corinthians 2:9)

2. Through words. Spiritual things are compared with spiritual. (1 Corinthians 2:13, John 3)

B. We are taught the lessons we need when we can take them. The Spirit teaches us as we are teachable--we must be teachable. (John 17:7)

## IV. The Spirit enables us to live the truth.

A. Knowing one's Bible does not lead to good Christianity.

B. The editions of truth meet needs in our lives.

1. Our hearts fall in love with the truth in Jesus Christ. (Psalm 51)

2. Our minds fall in love with the Word of Truth.

3. Our wills submit to the Spirit of Truth.

C. The Spirit brings truth that we might glorify Christ.

D. The best way to defend the truth is to live it.

E. We will be outside the city of truth if we do not submit to the truth. (Revelation 22)

**Application questions:**

1. How would you counsel someone on finding truth? Explain.

---

---

2. Why is it helpful to understand that God only reveals things to others when they are ready for our relationships in the church?

---

---

3. Who has been a model of defending truth through their lives to you? What has stood out about their example? Explain.

---

---