

The Bicycle Illustration

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I. Introduction.

- A. The problem in much of the world today is communication.
- B. A man of excellence is a man like Jesus who does what Jesus did. Jesus taught, prayed, healed and trained men. (John 20:21; 1 John 4:17)
- C. Text: Psalm 78:71-72.
- D. There are two aspects of an excellent man.
- E. The Navigator wheel includes: the Word of God, prayer, fellowship and witnessing. (Proverbs 27:17; Ecclesiastes 4:9-11; John 15)
- F. You can have the wheel going and not go anywhere. Something makes the difference in mobility: the bicycle.

II. A true heart (the guidance system and character of excellence).

- A. A prepared heart. (Ezra 7:10)
- B. A guarded heart. (Proverbs 4:23)
- C. A whole-hearted heart. (Psalm 119; 2 Chronicles 31:20)
- D. A teachable heart. (Proverbs 10:8)
- E. A cleansed heart. (Jeremiah 4:3-4)
- F. A plowed heart. (Hosea 10:12)
- G. A trusting heart. (Hebrews 3:12)
- H. A willing heart. (Psalm 51:17; John 17:17)
- I. A pure heart. (Matthew 5:8)

III. Skillful hands (the spokes).

- A. A positive attitude.
 - 1. Faith. (Hebrews 11:6; Philippians 4:13)
 - 2. The right outlook. (Philippians 4:8; Titus 1:15)
 - 3. Expectancy. (Hosea 12:6; Colossians 2:6)
- B. A strong drive. (Job 13:15; Joshua 14:11-12; Psalm 18:29)

1. A clear objective. (Matthew 28:19-20)
2. Faith. (Job 23:10)
3. Enthusiasm.

Application questions:

1. Why are the elements of the Navigator wheel exercised consistently not enough for excellence?

2. What can we do to make the heart true?

3. What is your life objective? Summarize it in a sentence below and attach important Bible verses to it to back it up.
